




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 9.15am: NO CLASS 6.00pm: Jenny	2 9.15am: Dee 6.00pm: Dee	3 7.00am: Nicci 6.00pm: 5 Stages* *ONLINE ONLY	4 9.15am: NO CLASS 6.00pm: Nicci	5 9.15am: Sarah 6pm: Freedance * *ONLINE ONLY	6 9.30am: Nicci LIVE and Zoe ONLINE	7 9.30am: Nicci
8 9.15am: NO CLASS 6.00pm: Jenny	9 9.15am: Dee 6.00pm: Dee	10 7.00am: Nicci 6.00pm: 5 Stages* *ONLINE ONLY	11 9.15am: NO CLASS 6.00pm: Nicci	12 9.15am: Sarah 6pm: Freedance * *ONLINE ONLY	13 9.30am: Hanri LIVE and Zoe ONLINE	14  9.30am: Nicci
15 9.15am: NO CLASS 6.00pm: Nicci	16 9.15am: Dee 6.00pm: Jenny	17 7.00am: Nicci 6.00pm: 5 Stages* *ONLINE ONLY ★ 7.15pm " EFT Tapping Session ONLINE	18 9.15am: NO CLASS 6.00pm: Nicci	19 9.15am: Sarah 6pm: Freedance * *ONLINE ONLY	20 9.30am: Hanri LIVE and Zoe ONLINE	21 9.30am: Nicci
22 9.15am: NO CLASS 6.00pm: Nicci	23 9.15am: Dee 6.00pm: Jenny	24 7.00am: Nicci 6.00pm: 5 Stages* *ONLINE ONLY	25 9.15am: NO CLASS 6.00pm: Nicci	26 9.15am: Sarah 6pm: Freedance * *ONLINE ONLY	27 9.30am: Nicci LIVE and Zoe ONLINE	28 9.30am: Nicci

 ALL CLASSES ARE IN-PERSON + STREAMING ONLINE  
 UNLESS WHERE NOTED OTHERWISE \*

