




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <b>OPEN CLASSES WITH BRITTA VON TAGEN - INTERNATIONAL NIA TEACHER + TRAINER</b> <b>ALL WEEK AS PART OF THE BLUE BELT TRAINING ♥ 8 - 13 SEPTEMBER</b> <b>**please check out the additional classes to the schedule for that week !</b>						1 9.30am: Nicci
2 9.15am: NO CLASS 6.00pm: Nicci	3 9.15am: Hanri 6.00pm: Jenny	4 7.00am: Nicci 6.00pm: NO CLASS	5 9.15am: NO CLASS 6.00pm: Nicci	6 9.15am: Sarah	7 * 9.30am: NO CLASS JOIN US FOR BRITTA'S CLASS TOMORROW 🧘	* 8 9.30am: Britta
* 9 10am: Britta 6.00pm: Britta	* 10 9.15am: Britta 6.00pm: Britta	* 11 7.00am: Nicci 10am: Britta 6.00pm: Britta	* 12 10am: Britta 6.00pm: Britta	* 13 9.15am: Britta	14 9.30am: Nicci * WHITE LOTUS FLOWER WORKSHOP WITH BRITTA 1 - 3pm	15 9.30am: Gail
16 9.15am: NO CLASS 6.00pm: Nicci	17 9.15am: Dee 6.00pm: Jenny	18 7.00am: Nicci 6.00pm: NO CLASS	19 9.15am: NO CLASS 6.00pm: Nicci	20 9.15am: Sarah	21 9.30am: Hanri	22 9.30am: Nicci
23 9.15am: NO CLASS 6.00pm: Nicci	* 24 Nia Jam 9.30 - 11am PUBLIC HOLIDAY	25 7.00am: Nicci 6.00pm: NO CLASS	26 9.15am: NO CLASS 6.00pm: Nicci	27 9.15am: Sarah	28 9.30am: Hanri	29 9.30am: Dee ----- 30 6.00pm: Nicci