

NiaStudio Schedule October

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
1 9.15am: NO CLASS 6.00pm: Nicci	2 9.15am: Dee 6.00pm: Jenny	3 7.00am: Nicci 6.00pm: NO CLASS	4 9.15am: NO CLASS 6.00pm: Nicci	5 9.15am: Sarah	6 9.30am: Sarah	7 9.30am: Nicci	
8 9.15am: NO CLASS 6.00pm: Nicci	9 9.15am: Hanri 6.00pm: Jenny	10 7.00am: Nicci 6.00pm: NO CLASS	11 9.15am: NO CLASS 6.00pm: Nicci	12 9.15am: Sarah	13 9.30am: Shelley ★ IMAGINE MOVEMENT AND DANCE PLAYSHOP WITH ZOE @2 - 4.30pm	14 9.30am: Class with Zoe Katakuzinos ★ Guest teacher from Jhb	
15 9.15am: NO CLASS 6.00pm Nicci	16 9.15am: Dee 6.00pm: Jenny	17 7.00am: Nicci 6.00pm: NO CLASS	18 9.15am: NO CLASS 6.00pm: Nicci	19 9.15am: Sarah	20 9.30am: Jenny	21 9.30am: Nicci	
22 9.15am: NO CLASS 6.00pm: Nicci	23 9.15am: Dee 6.00pm: Jenny	24 7.00am: Nicci 6.00pm: NO CLASS ★ INNER JOURNEY DANCE EXPERIENCE 6.30 - 8pm	25 9.15am: NO CLASS 6.00pm: Nicci	26 9.15am: Sarah	27 9.30am: Hanri	28 9.30am: Nicci	
29 9.15am: NO CLASS 6.00pm: Nicci	30 9.15am: Dee 6.00pm: Jenny	31 7.00am: Nicci 6.00pm: NO CLASS	<i>Its all about the joy</i>				