

| MONDAY                                  | TUESDAY  | WEDNESDAY   | THURSDAY                                | FRIDAY   | SATURDAY   | SUNDAY              |
|---|--|---|---|--|--|---------------------|
|   | 1<br>9.15am: Nicci<br>6.00pm: NO CLASS<br><br>* PUBLIC HOLIDAY                           | 2<br>7.00am: Nicci<br>6.00pm: Bellydance<br>7.15pm: Contact Improv  | 3<br>9.15am: NO CLASS<br>6.00pm: Nicci  | 4<br>9.15am: Sarah   | 5<br>9.30am: Hanri   | 6<br>9.30am: Nicci  |
| 7<br>9.15am: NO CLASS<br>6.00pm: Nicci  | 8<br>9.15am: Dee<br>6.00pm: Jenny  | 9<br>7.00am: Nicci<br>6.00pm: Bellydance<br>7.15pm: Contact Improv  | 10<br>9.15am: NO CLASS<br>6.00pm: Nicci | 11<br>9.15am: Sarah  | 12<br>9.30am: Shelley<br><br>* BODY HEALING BLEND<br>5 STAGES, NIA + TRE<br>2 - 3.45PM | 13<br>9.30am: Nicci |
| 14<br>9.15am: NO CLASS<br>6.00pm: Nicci | 15<br>9.15am: Dee<br>6.00pm: Jenny   | 16<br>7.00am: Nicci<br>6.00pm: Bellydance<br>7.15pm: Contact Improv | 17<br>9.15am: NO CLASS<br>6.00pm: Nicci | 18<br>9.15am: Sarah  | 19<br>9.30am: Dee<br><br>* SOUL VOICE WEEKEND WORKSHOP                                 | 20<br>9.30am: Nicci |
| 21<br>9.15am: NO CLASS<br>6.00pm Nicci  | 22<br>9.15am: Dee<br>6.00pm: Jenny<br><br>* NEW MOON<br>SOUND JOURNEY<br>7.15pm - 8.45pm | 23<br>7.00am: Nicci<br>6.00pm: Bellydance<br>7.15pm: Contact Improv | 24<br>9.15am: NO CLASS<br>6.00pm: Nicci | 25<br>9.15am: Sarah<br><br>FREEDANCE FRIDAY<br>* HAPPY HOUR<br>6.15 - 7.30PM | 26<br>9.30am: Nicci  | 27<br>9.30am: Jenny |
| 28<br>9.15am: NO CLASS<br>6.00pm: Nicci | 29<br>9.15am: Shelley<br>6.00pm: Jenny   | 30<br>7.00am: Nicci<br>6.00pm: Bellydance<br>7.15pm: Contact Improv | 31<br>9.15am: NO CLASS<br>6.00pm: Nicci | <i>... its all about<br/>feeling good</i>                                    |  |                     |