

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
SUNDAY 1 9.30am: Nicci ----- 2 9.15am:NO CLASS 6.00pm: Nicci	3 9.15am: Dee 6.00pm: Jenny	4 7.00am: Nicci 6.00pm: NO CLASS	5 9.15am: NO CLASS 6.00pm: Nicci	6 9.15am: Sarah	7 9.30am: Nicci	8 9.30am: Jenny	
9 9.15am: NO CLASS 6.00pm: Nicci	10 9.15am: Dee 6.00pm: Jenny ★ SOUND JOURNEY MEDITATION 7.15- 8.45pm	11 7.00am: Nicci 6.00pm: NO CLASS	12 9.15am: NO CLASS 6.00pm: Nicci	13 9.15am: Sarah	14 9.30am: Hanri ★ A FREEDOM TO BE PLAYSHOP FOR YOU 2 - 4PM	15 9.30am: Nicci	
16 9.15am: NO CLASS 6.00pm Nicci	17 9.15am: Dee 6.00pm: Jenny	18 7.00am: Nicci 6.00pm: NO CLASS	19 9.15am: NO CLASS 6.00pm: Nicci	20 9.15am: Sarah	21 9.30am: Sarah	22 9.30am: Shelley	
23 9.15am: NO CLASS 6.00pm: Nicci	24 9.15am: Dee 6.00pm: Gail	25 7.00am: Nicci 6.00pm: NO CLASS	26 9.15am: NO CLASS 6.00pm: Nicci	27 9.15am: Sarah	28 9.30am: Dee	29 9.30am: Nicci	
30 9.15am: NO CLASS 6.00pm: Nicci	31 9.15am: Dee 6.00pm: Jenny	<i>Move because you can . . .</i>					