

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|---|---|------------------------------------|-----------------------|---------------------|
| | 1  NEW YEARS DAY CLASS AT 10AM ★ | 2 7.00am: NO CLASS 6.00pm: NO CLASS STUDIO CLOSED | 3 9.15am: NO CLASS 6.00pm: Nicci | 4 9.15am: Nicci | 5 9.30am: Hanri | 6 9.30am: Nicci |
| 7 9.15am: NO CLASS 6.00pm: Nicci | 8 9.15am: Dee 6.00pm: Gail | 9 7.00am: Nicci 6.00pm: NO CLASS | 10 9.15am: NO CLASS 6.00pm: Nicci | 11 9.15am: Sarah | 12 9.30am: Shelley | 13 9.30am: Nicci |
| 14 9.15am: NO CLASS 6.00pm Nicci | 15 9.15am: Dee 6.00pm: Nicci | 16 7.00am: Nicci 6.00pm: NO CLASS | 17 9.15am: NO CLASS 6.00pm: Nicci | 18 9.15am: Sarah | 19 9.30am: Hanri | 20 9.30am: Nicci |
| 21 9.15am: NO CLASS 6.00pm Nicci | 22 9.15am: Dee 6.00pm: Jenny | 23 7.00am: Nicci 6.00pm: NO CLASS | 24 9.15am: NO CLASS 6.00pm: Nicci ★ INNER JOURNEY DANCE EXPERIENCE 7.30 - 9PM | 25 9.15am: Sarah | 26 9.30am: Nicci | 27 9.30am: Dee |
| 28 9.15am: NO CLASS 6.00pm Nicci | 29 9.15am: Dee 6.00pm: Jenny | 30 7.00am: Nicci 6.00pm: NO CLASS | 31 9.15am: NO CLASS 6.00pm: Nicci | <i>Welcome home to your body ♥</i> | | |